



Women Development Cell (SWC)

Plan of Programmes for the year 2022-23

Sl.No	Event	Topic	Date/Day	Time	Platform/Venue	Beneficiaries	Budget
1	Inauguration and Guest Speech	Sister Niveditha Jayanthi	28/10/2022	2.00 pm to 5.00 pm	Seminar Hall	All students	500/-
2	Penal Discussion	Women empowerment	3/11/2022	3.00 pm	Seminar Hall -1	All Female students	500/-
3	Awareness Programme	Menstrual Hygiene	30/12/22	3.00 pm	Seminar Hall -1	All Female students	1000/-
4	Awareness Programme	Exposure to Women's Sports	12/1/2023	3.00 pm	Seminar Hall - 1	Female students	500/-
5	Health Programme	Stress management through Yoga	26/01/2023	3.00 pm	Seminar Hall – 1	Second Year Students	500/-
6	A Special Talk	Dietary Management for Anemia	23/02/23	3.00 pm	Seminar Hall – 1	Ist Year Female Students	2,000/-
8	Competition (District/State Level)	Women Issues	March	-	Seminar Hall	Students from various Colleges	50,000/-



Sri Dharmasthala Manjunatheshwara College
(Autonomous), Ujire-574 240, Dakshina Kannada, Karnataka State

1.	27-12-2021	Mental Health and Hygiene	Awareness on Personal health	III Year Female Students	Rs.500	Ms. Malini Anchan
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2.	25-01-2022	Gender Sensitisation	Creating awareness about equality	II and III Year students (Boys and Girls)	Rs.500	-do-
3.	22-02-2022	Women Entrepreneurship	Awareness on women achievers	Final Year Female Students	Rs.500	-do-
4.	22-04-2022	Women Empowerment	Creating awareness on women employment and self-reliance	All Female Students	Rs.600	-do-
5.	23-05-2022	Women Issues and Legal Rights	Awareness on legal rights	All Female Students and Staff members	Rs.1000	-do-
6.	24-06-2022	Exposure to Women's Sports	Awareness on opportunities in sports	Female Sports Students	Rs.200	-do-